

Practice Schedule

November 2021 - March 2022

WrestlingWithCharacter.com/Schedule



TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9AM							9:30am - 10:30am Passion First Saturday
11AM							11am - 12:30pm Kaizen Wrestling Club Martial Arts
3PM		3:30pm - 5:30pm Omaha Burke Girls Wrestling	3:30pm - 5:30pm Omaha Burke Girls Wrestling	3:30pm - 5:30pm Omaha Burke Girls Wrestling	3:30pm - 5:30pm Omaha Burke Girls Wrestling	3:30pm - 5:30pm Omaha Burke Girls Wrestling	
5PM		5:45pm - 6:45pm Passion First Monday	6:30 - 8:00pm WWC Predator Wrestling 2	5:45pm - 6:45pm Passion First Wednesday	6:30 - 8:00pm WWC Predator Wrestling 2	6:00 - 7:30pm WWC Predator Wrestling ALL	
		7:00 - 8:30pm WWC Predator Wrestling 1		7:00 - 8:30pm WWC Predator Wrestling 1			

Passion First Testing is the last practice of the month for selected wrestlers.

Personal lessons available. Contact Coach Braun at (402) 707-2645 or mbraun814@gmail.com to inquire.